

Eat Healthy while Eating Out!

Americans are eating out an average of 3.7 times per week and spend almost half of their food dollars eating outside of the home. Current Wisconsin statistics show that 2 out of 3 adults are either overweight or obese. With statistics like this available it is easy to see why people are requesting healthy options while dining out.

With the Healthy Choices Restaurant program you will be able to know which restaurants now offer healthy choices!

*These restaurants are offering things such as:

- Healthy Kids Meals
- Low-fat or Fat-free meals
- Fruits and Vegetables
- Whole Grains
- Smaller Portions
- Low-calorie or Calorie-free Beverages
- Prepared as Requested Meals

*Choices not available at every participating restaurants



Healthy People Taylor County

Taylor County Health Department
224 S. 2nd Street
Medford, WI 54451

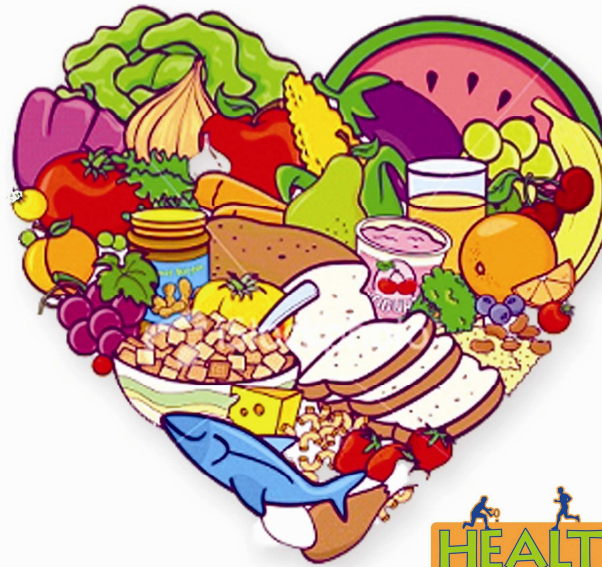
Phone: 715.748.1410
Fax: 715.748.1417

Healthy Choice Restaurants



Medford Area:

- Uncommon Ground
- Subway
- Hacienda
- Medford Café
- Anderson's Brass Rail Pub
- Happy Joe's Pizza & Ice Cream Parlor
- Turtle Club
- Florena's Supper Club
- High View Inn



Just Ask For
Healthy
Choices

- 8th Street Restaurant
- The Cookie Jar

Rib Lake Area:

- Rib River Bar and Grill

Gilman Area:

- Kountry Kettles
- Sue's Village Café and Coffee Shop